



# PARK PLAZA

WESTMINSTER BRIDGE LONDON

## Bowl Food Menu

The minimum number of bowls required is seven per person

### Cold Bowl Selection

At £7.50 plus VAT per bowl

Mixed seafood salad with mange tout and coriander  
Crayfish cocktail with asparagus and spring onion  
Roast salmon Caesar salad  
Smoked salmon, beetroot and roast pumpkin  
Smoked chicken, celery, apple and walnut  
Bocconcini, sun blush tomatoes, avocado and basil  
Chicken, artichoke, red onion, parmesan and chicory  
Feta cheese, roast pepper, sun blush tomatoes and lettuce  
Grilled haloumi, asparagus, roast courgettes, pine kernel  
Broccoli, sun blush tomatoes, pepper and roast aubergine, roasted almond flakes

### Hot Bowl Selection

At £8.50 plus VAT per bowl

Chicken Thai green curry with rice  
Chicken korma with pilaf rice  
Lamb kebab with Bombay potatoes  
Fricasee of chicken with garlic and parsley potatoes  
Pork medallion with olive oil mashed and onion confit  
Confit of duck with bean ragout  
Fish pie with mash  
Beef medallion with horseradish mash and jus  
(£2.50 plus VAT per bowl supplement)  
Chili con carne with coconut rice  
Lamb rump with roast winter vegetables, lamb jus  
(£2.50 plus VAT per bowl supplement)  
Pork with mushroom sweet potatoes mash  
Sea bass fillet with stir fried noodles  
Prawns curry with rice  
Salmon fillet, spinach and tomatoes, butter sauce  
Roast cod fillet, roast potatoes with chorizo  
Slow cook lamb with roast turnip and carrot  
Duo of scallops and prawns with mushroom courgette and pumpkin  
(£3.00 plus VAT per bowl supplement)  
Perch fillet on crushed potatoes and black olives, cream sauce  
Fillet of plaice with crushed new potatoes with lemon butter sauce  
(£2.00 plus VAT per bowl supplement)  
Lentils with tomatoes, spinach and Chantenay carrots  
Wild mushrooms stroganoff with rice  
Spinach and ricotta tortellini with tomato sauce and mozzarella  
Cauliflower and aubergine, cheese sauce gratin  
Mediterranean vegetable couscous

Please be advised that the above menu items may contain nuts or extract of nuts, wheat based products, dairy products or other ingredients which may cause adverse reactions to any guest who has intolerance to these items and/or their derivatives.



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## Dessert Bowl Selection

At £7.00 plus VAT per bowl

Dark chocolate mousse

Coconut panna cotta with passion fruit jelly

Chocolate brownie with Orley ganache

Vanilla panna cotta on almond sponge

Banana and vanilla Chantilly on crumble base

Fruit salad

Mango posset with exotic jelly

Blackberry mousse with coconut meringue

Chestnut and mandarin mousse with almond sponge and mandarin jam